



2009 New Year, New Start and time to update your staff Training in all areas of Health & Safety.

First aid courses for the workplace

In 2008 First Aid Today ran courses across the North East helping businesses of all sizes become health & Safety and First Aid compliant. First Aid Today trained over 200 students in areas of First Aid and Health & Safety. Six HSE approved First Aiders working within our team supported our service.

2009 we have made every effort to impress you with more Trainers, Offer more venues to suit your needs, Increased our provision of courses. To top it off we now have the facility to bring Training to you, within your place of work, working with your team. (Subject to terms and conditions)

We have on offer across the North East, over 55 courses on offer within the first 6 months alone. This will enable us to offer over 600 Students the opportunity to become First Aid & Health and Safety Trained.

FACT: 70% of businesses today are still using their current suppliers and not investing time in checking prices or challenging suppliers to better their offers. "You just don't have time for this any more – First Aid Today will resource your prices and brings you the best offers around".

By becoming a first aider at work, you will make a real difference to the well-being of your colleagues. First aid provision in the workplace saves lives. It can prevent minor problems or injuries from becoming major ones. It can help employers reduce costs from injury. The secret to a great First Aider is to ensure those that are trained actually want to be trained and will take the role within the work place seriously.

First Aid Today is committed to excellence and passionate about customer service providing you with cost effective Training courses that meets and exceeds your health & safety requirements. First Aid Today works with recognised Training Centres approved by the HSE and CIEH across the North East. Courses provided also approved by OFSTED for early years Training.

Qualified first aider

As a qualified first aider, you will have the essential skills to handle any first aid situation, from minor slips and trips to the most serious of incidents.

Appointed person

If you are an appointed person, our Emergency aid courses will show you how to deal with both life-threatening emergencies and common workplace injuries. We also have a version of the course specifically tailored for those who work in schools.

People who work with young children

Our Early year's first aid courses are for people who work with children up to the age of eight. It meets the Ofsted requirements for registered Childminders and the requirements for nannies under the DfES Approved Carers Scheme.

Defibrillator training

In the UK, one person suffers a heart attack every two minutes but the majority could be saved if their heart was shocked back into rhythm. **Our Defibrillator training courses** will teach you how to use an automated external defibrillator.



First Aid Today brings you:

Free assessments, Free Quotes, Free advise, The best First Aid Kits value for money, Refill Supplies with no bulk orders, First Aid Room Equipment, Disability Chairs, Stair Lifts, AED / CPR Machines Work Wear & PPE for your team, direct to your Business address, Health & Safety signage, Training in Health & Safety, First Aid and much much more.... **We really do apply the First Aid to your Business**

“Small Companies do not mean BIG prices”

Date	Course Type	Duration	Booking Code
Jan 2009			
7 th Jan	Appointed Person First Aid	1 Day	Peterlee BL
7 th 8 th Jan	First Aid Refresher Course	2 Days	Seaham LF
12 th Jan	Appointed Person First Aid	1 Day	Seaham LT
12,13,14,15 th Jan	First Aid at Work Course	4 Days	Seaham LF
13 th 14,15,16 th Jan	First Aid at Work Course	4 Days	Peterlee BL
19 th Jan	Emergency Response	½ Day	Seaham LT
21 st Jan	CIEH Level 2 Food Safety	1 Days	Peterlee BL
26 th Jan	CIEH Level 2 Health & Safety	1 Days	Peterlee BL
15 th 16 th – 22 nd 23 rd Jan	Professional Trainers awards CIEH Approved (2 days over 2 weeks)	4 Days	Seaham LF
Feb 2009			
2 nd Feb	Emergency Family First Aid	½ Day	Seaham LT
2 nd 3 rd Feb	First Aid Refresher Course	2 Days	Seaham LF
2 nd ,3 rd , 4 th Feb	CIEH Level 3 Food Safety	3 Days	Peterlee BL
9 th Feb	Emergency Response Training	½ Day	Seaham LT
9 th Feb	Appointed Person First Aid	1 Day	Peterlee BL
9, 10, 11,12 th Feb	First Aid at Work Course	4 Day	Houghton MR
9,10 th Feb	First Aid Refresher Course	2 Day	Houghton MR
11 th Feb	CIEH Level 2 Food Safety	1 Days	Peterlee BL
12 th 13 th – 19 th 20 th Feb	Professional Trainers awards CIEH Approved (2 days over 2 weeks)	4 Days	Seaham LF
16,17,18,19 th Feb	First Aid at Work Course	4 Days	Seaham LF
19 th , 20 th Feb	First Aid Refresher Course	2 Days	Peterlee BL



23 rd Feb	Life Support for Babies & Children	½ Day	Seaham LT
23 rd , 24 th , 25 th Feb	CIEH Level 3 Health & Safety	3 Days	Peterlee BL
27 th Feb	Appointed Person First Aid	1 Day	Seaham LT
Mar 2009			
9 th Mar	Emergency Response	½ Day	Seaham LT
9,10,11,12 th Mar	First Aid at Work Course	4 Days	Seaham LF
9,10,11,12 th Mar	First Aid at Work Course	4 Days	Houghton MR
9,10,11,12 th Mar	First Aid at Work Course	4 Days	Peterlee BL
11 th Mar	Emergency Family First Aid	½ Day	Seaham LT
9,10 th Mar	First Aid Refresher Course	2 Day	Houghton MR
12 th 13 th – 19 th 20 th Mar	Professional Trainers awards CIEH Approved (2 days over 2 weeks)	4 Days	Seaham LF
16,17,18,19 th Mar	First Aid at Work Course	4 Days	Houghton MR
23 rd Mar	Appointed Person	1 Day	Seaham LT
25 th 26 th Mar	First Aid Refresher Course	2 Days	Seaham LF
April 2009			
1 st 2 nd April	First Aid Refresher Course	2 Days	Seaham LF
6 th Apr	Life Support for Babies & Children	1 Day	Seaham LT
6,7,8,9 th Apr	First Aid at Work Course	4 Days	Houghton MR
6,7 th Apr	First Aid Refresher Course	2 Day	Houghton MR
12 th 13 th – 19 th 20 th April	Professional Trainers awards CIEH Approved (2 days over 2 weeks)	4 Days	Seaham LF
20 th 21 st 22 nd 23 rd April	First Aid at Work Course	4 Days	Peterlee BL
24 th Apr	Emergency Response Training	½ Day	Seaham LT
May 2009			
4,5,6,7 th May	First Aid at Work Course	4 Days	Houghton MR
4,5 th May	First Aid Refresher Course	2 Day	Houghton MR
11 th 12 th 13 th 14 th May	First Aid at Work Course	4 Days	Seaham LF
20 th 21 st May	First Aid Refresher Course	2 Days	Seaham LF
June 2009			
3 rd 4 th June	First Aid Refresher Course	2 Days	Seaham LF



15 th 16 th 17 th 18 th June	First Aid at Work Course	4 Days	Seaham LF
1,2,3,4 th Jun	First Aid at Work Course	4 Days	Houghton MR
1,2 nd Jun	First Aid Refresher Course	2 Day	Houghton MR

July – Dec courses will be posted April 2009 – 4 Day courses start 2nd Monday of each month

All courses require a payment in full prior to registration and course starting.

Cancellation charges within 7 days of course will be subject to 25% charged or re book on next available course.

Discounts available for BLOCK bookings POA

In house courses are extremely cost effective and affordable, these are available for 8 or more employees (Max 12) for more information please call or email us to discuss your requirements.

Remember compliance with HEALTH & SAFETY is a LEGAL REQUIREMENT failure to comply could lead to prosecution

First Aid Today finds you the *Best prices, Best suppliers, delivers direct and offers a full quotation package and its all FREE*

We quote you the best prices around, using leading suppliers, keeping your expectations of quality and service high and your prices low.

Do you need more Training in Retail Sales and Selling?
Lead generation and Training in Customer Service

Or

How to look after your customers,
HR training and Business support,
Interview skills and training techniques?

Want to know more?

Talk to us Today...

FREE 0800 043 3281 | MBL 07973 536 559 | FX 0191 513 0042